

Treatment Advice Sheet N-lite Skin Rejuvenation

Before Your Treatment

Please ensure that you remove all make-up and creams from the area to be treated
No other preparations are needed

The Treatment

- Photographs of the area will be taken for future comparisons
- During the treatment you will notice a warm sensation but should not feel any pain
- A small area may be treated first to assess your individual response to the laser. You may be asked to wait a few minutes before continuing with the rest of your treatment
- The treatment can take up to 40 minutes if treating the whole face

After Care

- Some people may get a histamine reaction (like nettle rash) over the treatment area. This can be treated by applying either an ice pack or cooling gel, antihistamines (eg Clarityn) can also be taken to ease the irritation. The rash should settle after 6-48 hours
- Some people may get some red marks along the treatment area, these can last up to 4-5 days and require no treatment
- Make-up and normal skin care lotions can be re-applied immediately after the treatment
- There is no need to avoid sunlight after treatment, however we would strongly recommend the use of good quality high factor sun block

If you have any concerns regarding this advice please do not hesitate to contact the clinic on 01204 570900