

Treatment Advice Sheet Botulinum Toxin A

The active ingredient in BOTOX[®] is a nerve toxin derived from the Clostridium Botulinum bacteria called Botulinum toxin A. There are no animal products in the injection. The injection does contain a small amount of human albumin.

Small doses of BOTOX[®] are injected into the treatment area using very fine needles. You will feel a sharp prick followed by a stinging sensation. Treatment takes around 15 minutes. There can be some bleeding at the injection site and/or bruising and swelling of the area injected.

BOTOX[®] is not recommended:

- If pregnant or breast feeding
- For people with muscle or bleeding disorders
- For people on anticoagulants (warfarin or sinthrome)
- For people taking gentamicin (antibiotic)
- If you think you may be allergic to BOTOX[®] or anything in the preparation
- If you have had some types of surgery to the armpits

Post treatment advice

- You must not rub or massage the injected area for 4 hours.
 - You also **must not** lie down flat or fly for 4 hours.
 - Avoid strenuous exercise for up to 4 hours
 - Any of these things may move the BOTOX[®] around and cause weakness.
 - After 4 hours you can continue as normal.
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- You will see no effects for the first 5-7 days
 - Effects can last between 4-7 months depending on the individual
 - Treatment can be repeated after 4 months

If, following treatment, you have any concerns or worries we would encourage you to contact the clinic immediately on 01204 570900.