

Treatment Advice Sheet

Skin Rejuvenation and treatment of Vascular/ Pigmented Lesions AFT 570

Before Your Treatment

All make-up and creams need to be removed from the area to be treated

At consultation, specific preparation products may be recommended to use for a short period prior to treatment.

The Treatment

Photographs of the area will be taken for future comparisons.

During the treatment you will wear eye protection but you still will notice a bright flash of light and you will experience hot sensation to your skin but you should not feel any pain.

A small area may be treated first to assess your individual response to the laser. You may be asked to wait before continuing with the rest of your treatment or you may be asked to schedule an appointment after a specified waiting period

The treatment can take 30- 40 minutes if treating the whole face

Please be aware that gel is applied to the area to be treated. Although every effort will be made to ensure this does not go on clothing we cannot guarantee this will not happen

After Care

Cold (not frozen) packs can be applied immediately after treatment to cool the area, reduce swelling and ease discomfort.

Some people may get a histamine reaction (like nettle rash) over the treatment area. This can be treated by applying either a cool pack or cooling gel, antihistamines (eg Clarityn) can also be taken to ease the irritation. The rash should settle after 6-48 hours.

Pigmented areas will look darker initially, post treatment, as will vascular lesions. For pigmentation, this may last for up to 7 days and then skin may become dry and flake off leaving paler skin beneath. For vascular, the redness may persist for a few days and then will begin to fade.

Treated areas should be kept clean and moist between treatments. A mild non-soap cleanser and suitable moisturiser is recommended.

Make-up and normal skin care lotions can be re-applied 12 hours after the treatment. Additional hydration is recommended.

Care should be taken to prevent trauma to the treated area for the first four or five days following treatment. No hot showers, no massage, no rough treatment.

Patients should avoid strong sunlight for a month after treatment. After this period we would strongly recommend the use of good quality high factor sun block, at least SPF 30.

**If you have any concerns regarding this advice please do not
hesitate to contact the clinic on 01204 570900**